“Famous American Indian Recipes”



# Cookbook

(You may click on the Recipe Form & Type in your recipe)

E-mail to [**recipe@ahmium.org**](mailto:recipe@ahmium.org) **or Mail**

|  |
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|  |
| Category |
|  |
| Recipe Title |
|  |
| Submitted By type or print your Name & Tribal Affiliation or Organization or City |

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| **INGREDIENTS:** Use abbreviations: pt. qt. pkg. env. C. tsp. T. oz. lb. gal. doz. Sm. Med. Lg. | | |
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| **Directions:** |  |
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Dear Friends of Ahmium,



Ahmium Education, Inc., is preparing a **“Famous American Indian Recipes”** taste-tempting cookbook featuring favorite recipes from members of the Tribal Community. The **“Famous American Indian Recipes”** Cookbook will be beautifully illustrated and bound and is sure to be treasured for years. We would like you to submit 3 or 4 of your favorite recipes so you can be represented in our memorable collection. Follow the instructions above. Your name will be printed with each of your recipes.

Each of the **“Famous American Indian Recipes”** Cookbooks will contain helpful cooking hints, recipe category dividers, a table of contents, an index, and special pages of interest to the Tribal community. The cookbook will be typeset in an easy-to-read format and professionally printed and bound. Proceeds from our cookbook sales will help fund future projects sponsored by Ahmium. Your help in contributing recipes will ensure that our cookbook will be a success. You may submit your recipes by e-mail to **recipe@ahmium.org** or mail them to:

Ahmium Education, Inc.

P.O. Box 366

San Jacinto, CA 92581

## INSTRUCTIONS

**• TYPE OR PRINT CLEARLY IN INK, NOT PENCIL, AND PLACE ONLY ONE RECIPE PER FORM.**

• If more room is needed, use another sheet of the same size and staple together.

• List all ingredients in order of use in ingredients list and directions.

• Include container sizes, e.g., 16-oz. pkg., 24-oz. can.

• Keep directions in paragraph form - not in steps.

• Use names of ingredients in the directions, e.g., “Combine flour and sugar.”

**DO NOT** use statements like, “Combine first three ingredients.”

• Include temperatures, cooking, chilling, baking, and/or freezing times.

• Be consistent with the spelling of your name for each recipe you contribute.

• Your recipe/s should fit into the following categories:

|  |  |  |  |
| --- | --- | --- | --- |
| **1** | **Appetizers & Beverages** | **5** | **Breads & Rolls** |
| **2** | **Soups & Salads** | **6** | **Desserts** |
| **3** | **Vegetables & Side Dishes** | **7** | **Cookies & Candy** |
| **4** | **Main Dishes** | **8** | **This & That** |

Thank you,

Ernie C. Salgado Jr.

Executive Director

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