

Wellness in the Workplace

November 7 - 9, 2012

New York New York

Las Vegas, NV



NATIVE WELLNESS

Institute

WELLNESS IN THE WORKPLACE

Wellness in the Workplace training will teach you to get along with your co-workers, build team, communicate in a good way, and resolve conflict. You will understand where negative behaviors originate, learn how to reduce stress, and explore what you can do to be a positive contributing member of your place of work! As a result of attending the Wellness in the Workplace training, you will develop a plan of action to grow professionally while striving to do your best at work.

TRAINING TOPICS

- ◇ Teambuilding
- ◇ Native Wellness
- ◇ Wellness in the Workplace
- ◇ Healthy Communication
- ◇ Conflict Resolution
- ◇ Leadership Development
- ◇ Unhealthy Workplace Behaviors
- ◇ Stress Reduction and Self Care

MEET THE TRAINER



**Jillene Joseph
Gros Ventre**

Jillene has four children that she raises with her life partner. She has a Bachelor of Science degree in community health education and is a founder and Executive Director of the Native Wellness Institute (NWI). For the past 28 years she has traveled throughout North America providing health, wellness and healing training to hundreds of tribes and organizations as well as furthering her own knowledge and understanding of our People and the Indian ways. She began her work in Indian Country providing substance abuse training at Indian boarding schools. She directed the Northwest Portland Area Indian Health Board's Project Red Talon for nearly ten years. Jillene has worked for her own tribe and in the public school and university level Indian education programs. Through her work at NWI she led a team conducting research to help design a meth awareness campaign for the National Congress of American Indians. She prides herself in choosing to be drug and alcohol free and by living a life that she knows is making her ancestors proud. Jillene's personal mantra is "Living the Warrior's Spirit: being positive, productive and proactive." Her passion and life's work is dedicated to bringing wellness to individuals, families, places of work and communities throughout Indian country!

DAILY TRAINING SCHEDULE

8:30 am Registration
9:00 am - 5:00 pm Training

TRAINING FEE

Early Bird Registration Fee: \$375
After Wednesday, October 24, 2012: \$475

REGISTRATION INFORMATION

Early Bird Registration Fee: \$375

To qualify for the early bird registration fee of \$375, payment or purchase orders must be postmarked or received by Wednesday, October 24, 2012. Registrations received after Wednesday, October 24, 2012 and on-site registration fees will be \$475. Purchase orders must be pre-approved. Please visit our website for other payment options.

Cancellation Policy:

Refunds, less a \$75 administration fee, will be made if written cancellation notice is postmarked on or before Wednesday, October 31, 2012. Prepaid registrants who are unable to attend may send a replacement at no additional charge.

Please provide us with the name of the replacement before the training.

No refunds after Wednesday, October 31, 2012.

HOTEL INFORMATION

New York New York Hotel & Casino
3790 Las Vegas Blvd. S.
Las Vegas, NV 89109
Phone: 702-740-6900 / 800-693-6763
Fax: 702-740-6875

The cut-off date for making room reservations is Monday, October 15, 2012. The room rate is \$65.00, mention that you are attending the Native Wellness Institute training to receive group the rate. There is a \$15.00 daily resort fee plus a 12% room tax.

Wellness in the Workplace Training Registration Form

First Name:		Last Name:	
Address:		City:	State: Zip:
Job Title:		Employer:	
Phone:	Fax:	Email:	
Tribal Affiliation:			

Early Bird Registration Fee: **\$375**

Includes training sessions, morning and afternoon breaks, wellness activities, and training materials.

To qualify for the early-bird registration fee, payment or purchase orders must be postmarked or received by Wednesday, October 24, 2012. Registrations received after Wednesday, October 24, 2012 and on-site registration fees will be \$475. Purchase orders must be pre-approved. Please visit our website for other payment options.

- ☐ Please register me for the Wellness in the Workplace Training.
- ☐ Enclosed is a check, money order or purchase order for \$375.
- ☐ I will pay \$375 by Visa or Mastercard (circle one)
- ☐ I missed the Wednesday, October 24, 2012 deadline. Enclosed is a check for \$475.

If paying by credit card, please fill out the following information:

Cardholders name:		Phone:	
Billing address:	City:	State:	Zip:
Credit card number:	Expiration Date:		
Security code:	Signature:		

3 Easy Ways to Register:

1. By fax
2. By mail
3. Online at www.NativeWellness.com

If registering by fax, please include copy of check or purchase order.

Checks must be received by Wednesday, October 24, 2012 to qualify for early bird registration fee.

Send Registration & Payment to:

Native Wellness Institute
2830 SE Cleveland Drive
Gresham, OR 97080
Fax: 503-669-8339

For More Information:

Jillene Joseph
Executive Director
503-666-7669
jillene@nativewellness.com

Cancellation Policy:

Refunds, less a \$75 administration fee, will be made if written cancellation notice is postmarked on or before Wednesday, October 31, 2012. Prepaid registrants who are unable to attend may send a replacement participant at no additional charge. Please provide us with the name of the replacement before the training.

No refunds made after Wednesday, October 31, 2012.