

Healthy Women: Healthy Native Nation

Wants You To Join Our Focus Groups!

Help your community & fellow Native women promote a healthy lifestyle and have healthy babies!

Who: *Women between the ages of 18-45

*Native American or Alaska Native

Locations: *Rincon IHC

*Santa Ysabel IHC

*San Diego American Indian Health Center (SDAIHC)

*Participating Tribal Halls



Why: *To give your opinions and thoughts on our new project materials

When: *Optional dates TBA

Recieve a \$20 gift card for participating and Lunch!

\$20

Please contact one of our Research Assistants if you are interested!

(760) 749-1410 ext. 5333



Empowering Native Wellness

